

## Paint trends 2022 – the best colors and finishes to inject style into every room

Paint trends are covering calming neutrals and vivid brights, and here's how to decode the right one for you

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(Image credit: STUDIO PEPE)

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Paint trends are everywhere. You probably don't realize it but the paints that surround you play a big role in your life, your mood, and even the way you look. Paints are our constant backdrops, dictating the design of our spaces and lifting our moods. And paint trends have become just as important as color trends – with finishes and effects being every bit as important as the shade you choose.

If you're looking to reset your indoors and are thinking about the right paint for your walls, then this is the article for you. Designers who have been time and again refreshing our spaces with new brush strokes that cater to our desires and the collective external world, now reveal to us the colors and finishes of the season that are filled with new opportunities. These choices often draw on trends in culture, technology, fashion, and design.

## PAINT TRENDS 2022

### 1. SOFT NEUTRALS TO CREATE CALMING INTERIORS



(Image credit: Future)

Neutrals point to more simplified lifestyles with clean lines and a neat palette. These shades also help brighten up spaces, make them more durable and bounce light around the room like no other color. A great tip to keep in mind while choosing neutral shades is to focus on some of the underlying tones of a room. So if the room is largely green, grey, or pink, the neutral color you select should reflect that by being pigmented in that shade.

'Lighter, more natural paint colors are in,' says Stephanie Lindsey of [Etch Design Group](#). 'I particularly like the [Festoon Aqua 0019](#) by [Sherwin Williams](#).'